



ASAP Suicide Prevention Training

The U.S Army conducts suicide prevention and awareness training for all Soldiers, Army Civilians and Family members to increase awareness of suicide risk-factors, warning signs and available resources. The Ask, Care, Escort-Suicide Intervention is the Army's premier suicide prevention and intervention training and is designed to encourage appropriate and deliberate intervention with at-risk individuals. Per DA PAM 600-24, Commanders are required to conduct/facilitate annual suicide prevention at the unit level.

NOTE: This training is NOT intended to make participants subject matter experts in behavioral health nor clinicians.

ACE

The purpose of Ask Care Escort (ACE) training is to help Soldiers and junior leaders become more aware of steps they can take to prevent suicides and encourages Soldiers to directly and honestly question any battle buddy who exhibits suicidal behavior. The battle buddy should ask a fellow Soldier whether he or she is suicidal, care for the Soldier, and escort the Soldier to the source of professional help. This training helps individuals avoid letting their fears of suicide govern their actions to prevent suicides.

Length of Training: 90-Minutes

Training Attendees: Open to Everyone

Training Requirements:

- Annual Required Training (IAW AR 600-63).
- Certified or experienced instructors are strongly recommended to conduct training.
- Completion of training must be documented in the Digital Training Management System (DTMS) and the Individual Training Record (ITR) (IAW AR 350-1).

ACE-SI (T2)

ACE-SI teaches skills needed to intervene when faced with an individual who may be considering suicide. It is recommended that a wide range of personnel attend ACE-SI, most importantly are those that have frequent contact with our most high-risk demographic – young Soldiers. Although the training focuses on military and Army Civilian junior leaders and first-line supervisors of Soldiers, the content of the training, which includes communication skills, risk and protective factors, stigma, warning signs, intervention skills, and the ACE method of suicide prevention, can also benefit Family Readiness Group (FRG) leaders and Family members.

Length of Training: 6 Hours

Training Attendees: SSG (E-6) and Above

Training Requirements:

- Training can only be conducted by a certified, ACE-SI instructor who has successfully completed ACE-SI (T4T).

ACE-SI (T4T)

Gatekeepers are vetted and identified by the installation Suicide Prevention Program Manager (SPPM) and Department of the Army (DA) SPPM through recommendation or volunteer. Appointed Gatekeepers receive advanced suicide intervention skills training in recognizing and helping individuals with suicide-related warning signs or risk factors during a 16-hour module. During the training Gatekeepers will learn how to appropriately utilize the ACE model, identify risk factors and behavior/suicidal ideation patterns. In addition, Gatekeepers learn facilitation and teach back strategies to conduct the ACE-SI (T2) course to their units.

Length of Training: 16 Hours

Training Attendees: SSG (E-6) and Above

Training Requirements:

- All T2 training conducted by Gatekeepers must be approved prior to and properly documented with the installation SPPM.
- Gatekeepers must be available for various installation trainings, campaigns and suicide prevention campaign efforts for at least one full fiscal year.



POINT OF CONTACT

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